

CPCA Requirements for Counselling Designations

Below are the various memberships and designations with the listed requirements:

1. **RPC PROVISIONAL** - REGISTERED PROFESSIONAL COUNSELLOR - PROVISIONAL STATUS

- This designation is aligned with the **Mental Health Counselling Scope of Practice**
- Completed application with signed attestations to abide by the CPCA Code of Ethics and Standards of Practice and to work with their scope of practice.
- Successful completion of an approved education program or have completed the course work to cover all CPCA Core Competencies for entry to practice **in the Mental Health Counselling Scope of Practice**
- Copy of training certificate(s) plus original transcripts from educational institution(s) with 1100 hours of counselling psychology theory and training
- Two letters of recommendation
- Proof or verification of supervised practicum (if not on transcript)
- Criminal Records Check with Vulnerable Sector Check (not more than 6-month-old)
- The RPC Provisional applicant must have no founded complaints with any licensing body
- Successful completion of Qualifying Exam for Mental Health Counselling Scope of Practice.
- A signed Contract with a qualified and approved Counselling Supervisor or RQS (Registered Qualified Supervisor) for RPC Provisional Internship
- Proof of Liability Insurance

2. **RPC** - REGISTERED PROFESSIONAL COUNSELLOR - FULL STATUS

- This designation is aligned with the **Mental Health Counselling Scope of Practice**
- Completed an application or upgrade form with signed attestations that they will abide by the CPCA Code of Ethics and Standards of Practice and to work with their scope of practice.
- Mental Health Counselling Scope of Practice Education:
 - Successful completion of approved education program with 1100 hours of counselling psychology theory and training **in the Mental Health Counselling Scope of Practice**.
- Two letters of recommendation from qualified mental health professionals with personal knowledge of the applicant's counselling skills
- The RPC applicant must have no founded complaints with any licensing body
- Criminal Records Check with Vulnerable Sector Check (not more than 6-month-old)
- Requires a minimum of 600 hours of counselling/therapy practice under counselling supervision by a Registered Qualified Supervisor (RQS) or Qualified Counselling Supervisor.
- These 600 hours must include a minimum of: (a) 150 counselling supervision hours, (b) 250 direct client contact hours and (c) 200 hours of professional practice or currency hours related to their client work.
- Successful completion of Qualifying Exam in the Mental Health Counselling Scope of Practice
- Proof of Liability Insurance