

## CPCA Requirements for Counselling Designations

Below are the various memberships and designations with the listed requirements:

### 1. **RPC PROVISIONAL** - REGISTERED PROFESSIONAL COUNSELLOR - PROVISIONAL STATUS

- This designation is aligned with the **Mental Health Counselling Scope of Practice**
- Completed application with signed attestations to abide by the CPCA Code of Ethics and Standards of Practice and to work with their scope of practice.
- Successful completion of an approved education program or have completed the course work to cover all CPCA Core Competencies for entry to practice **in the Mental Health Counselling Scope of Practice**
- Copy of training certificate(s) plus original transcripts from educational institution(s) with 1100 hours of counselling psychology theory and training
- Two letters of recommendation
- Proof or verification of supervised practicum (if not on transcript)
- Criminal Records Check with Vulnerable Sector Check (not more than 6-month-old)
- The RPC Provisional applicant must have no founded complaints with any licensing body
- Successful completion of Qualifying Exam for Mental Health Counselling Scope of Practice.
- A signed Contract with a qualified and approved Counselling Supervisor or RQS (Registered Qualified Supervisor) for RPC Provisional Internship
- Proof of Liability Insurance

### 2. **RPC** - REGISTERED PROFESSIONAL COUNSELLOR - FULL STATUS

- This designation is aligned with the **Mental Health Counselling Scope of Practice**
- Completed an application or upgrade form with signed attestations that they will abide by the CPCA Code of Ethics and Standards of Practice and to work with their scope of practice.
- Mental Health Counselling Scope of Practice Education:
  - Successful completion of approved education program with 1100 hours of counselling psychology theory and training **in the Mental Health Counselling Scope of Practice**.
- Two letters of recommendation from qualified mental health professionals with personal knowledge of the applicant's counselling skills
- The RPC applicant must have no founded complaints with any licensing body
- Criminal Records Check with Vulnerable Sector Check (not more than 6-month-old)
- Requires a minimum of 600 hours of counselling/therapy practice under counselling supervision by a Registered Qualified Supervisor (RQS) or Qualified Counselling Supervisor.
- These 600 hours must include a minimum of: (a) 150 counselling supervision hours, (b) 250 direct client contact hours and (c) 200 hours of professional practice or currency hours related to their client work.
- Successful completion of Qualifying Exam in the Mental Health Counselling Scope of Practice
- Proof of Liability Insurance

**3. MPCC PROVISIONAL - MASTER PRACTITIONER IN CLINICAL COUNSELLING - PROVISIONAL STATUS**

- This designation is aligned with the **Clinical Counselling Scope of Practice**
- Completed application with signed attestations that they will abide by the CPCa Code of Ethics and Standards of Practice and to work with their scope of practice.
- Clinical Counselling Scope of Practice Education:
  - Successful completion of approved education program or have completed the course work to cover all CPCa Core Competencies for entry to practice into **the Clinical Counselling Scope of Practice which includes clinical mental health education**
    - Training/Education in DSM-5-TR
    - Training/Education in Assessment with Differential Diagnosis
    - Training/Education in Pharmacology for mental health
  - Copy of training certificate(s) plus original transcripts from educational institution(s) with 1100 hours of counselling psychology theory and training inclusive of **clinical counselling mental health education**
- Proof or verification of supervised practicum (if not on transcript)
- Two letters of recommendation
- Criminal Records Check with Vulnerable Sector Check (not more than 6-month-old)
- The Applicant must have no founded complaints with any licensing body
- Successful completion of CPCa Qualifying Exam in the Clinical Counselling Scope of Practice
- A signed contract with an RQS (Registered Qualified Supervisor) or approved Counselling Supervisor for MPCC Provisional Internship
- Proof of Liability Insurance

**4. MPCC - MASTER PRACTITIONER IN CLINICAL COUNSELLING - FULL STATUS**

- A completed application or upgrade form with signed attestations that they will abide by the CPCa Code of Ethics and Standards of Practice
- **Clinical Counselling Scope of Practice Education:**
  - Successful completion of approved education program with 1100 hours of counselling psychology theory and training inclusive of **Clinical Mental Health Education** associated with the **Clinical Counselling Scope of Practice** (i.e.: Training in DSM-5-TR, Assessment with Differential Diagnosis, and Pharmacology for Therapists, etc.)
- An MPCC applicant must be active in the counselling profession for 5 out the last 8 years
- Requires a minimum of **600 hours of counselling/psychotherapy practice** under counselling supervision by a Registered Qualified Supervisor (RQS) or Qualified Counselling Supervisor.
- These **600 hours** include a minimum of: (a) **150** counselling supervision hours, (b) **250** direct client contact hours and (c) **200** hours of professional practice or currency hours.
- The MPCC applicant must have no founded complaints with any licensing body
- Two letters of recommendation from qualified mental health professionals with personal knowledge of the applicant's clinical skills
- Criminal Records Check with Vulnerable Sector Check (not more than 6-month-old)
- Successful completion of CPCa Qualifying Exam in the Clinical Counselling Scope of Practice.
- Proof of Liability Insurance

**5. RQS PROVISIONAL - REGISTERED QUALIFIED SUPERVISOR - PROVISIONAL STATUS**

- Already have an RPC or MPCC designation and active in the counselling profession for a minimum of **8 out of the last 10 years**
- Completed application to become an RQS with signed attestations that they will abide by the CPCA Code of Ethics and Standards of Practice and work within their scope of practice.
- The RQS applicant must have no founded complaints with any licensing body
- Completed a minimum of **30 hours of specific education in counselling supervision**, including at least one 'Ethics in Supervision' course no older than three years.
- Submit **three RQS Recommendation Forms** from other clinicians, of which one is from their clinical supervisor, substantiating professional recognition of counselling knowledge and practical skills.
- Criminal Records Check with Vulnerable Sector Check (not more than 6-month-old)

**6. RQS - REGISTERED QUALIFIED SUPERVISOR - FULL STATUS**

- Already have an RPC or MPCC designation and active in the counselling profession for a minimum of **8 out of the last 10 years**
- Completed application to become an RQS with signed attestations.
- The RQS applicant must have no founded complaints with any licensing body
- Completed a minimum of **30 hours of specific education in counselling supervision**.
- The RQS has obtained the **100 hours of supervision experience with 10 hours of supervision** specific to these 100 hours. Documentation of these hours are submitted with application.
- Submit **three RQS Recommendation Forms** from other clinicians, of which one is from their clinical supervisor, substantiating professional recognition of counselling knowledge and practical skills.
- Criminal Records Check with Vulnerable Sector Check (not more than 6-month-old)
- An individual may apply directly for RQS designation if they can provide documentation of: (1) 30 hours of education specific to counselling/clinical supervision and (2) documentation for a minimum of 100 hours of supervision experience.

**7. COUNSELLING STUDENT MEMBER**

- A completed application with signed attestations that they will abide by the CPCA Code of Ethics and Standards of Practice
- Enrolled in an Accredited College or University Counselling Program
- The counselling program must have 1100 hours of counselling psychology theory and training
- A submitted Criminal Record Check with Vulnerable Sector Check
- 120 hours of counselling experience and learning under qualified supervision as a practicum
- Minimum Instructor's Qualifications: Master's level or equivalency in the counselling field and 8 years of counselling experience.
- This membership is not a practicing designation
- This membership has benefits – significant savings on application fee and qualifying exam fee